

MEDICAL RELEASE & LIABILITY WAIVER FORM

Voluntary — My participation in this event is voluntary. I will select the activities in which I will participate. I will choose activities that are within my physical capabilities. I will stay away from the water if I cannot swim or if I have any open cuts.

Assumption of Risk — I acknowledge that work on or near streams, creeks, and rivers is inherently dangerous and that any and all risks associated with such work are voluntarily assumed. I realize that during this event, there are several ways that I could potentially hurt myself if I am not careful or choose a task that I am not capable of doing. For example, during this cleanup I may, if I choose, (a) clean up stream and river banks that may be hazardous, (b) canoe, kayak or wade in streams or rivers that may contain strong currents or uneven bottoms, (c) clean up near roads that may have motor vehicle traffic, (d) pick up broken glass, rusty cans and other potentially dangerous trash, and (e) clean up in or near a stream or river that may contain harmful pollutants, bacteria or parasites. I assume the risks associated with these activities and realize that I could: a) receive cuts and abrasions, (b) lose personal property such as watches or jewelry, and (c) suffer serious bodily injury. I also assume responsibility for damage to my own equipment or equipment that I use during this cleanup.

Waiver — I release the organizers, sponsors, cleanup volunteers and cleanup site property owners (as well as all of their affiliates, directors, officers, trustees, employees, representatives or agents) from all actions or claims of any kind that related to my participation in the cleanup even though that liability may arise out of negligence or carelessness of any such party. I understand and acknowledge that this waiver binds my heirs, administrators, executors, personal representatives and assigns.

Hold Harmless — I hold the sponsors, organizers, volunteers, and site owners harmless and indemnify them against all actions or claims (including reasonable attorneys' fees, judgments and costs) with respect to any injuries, death or other damages or losses, resulting from my voluntary participation in the cleanup.

Medical Treatment — If I am injured during the cleanup, the organizers or other volunteers of the cleanup may render medical or other services to me or to request that others provide such services. By taking such action, the organizers and volunteers are not admitting any liability to provide or to continue to provide any such services and that such action is not a waiver by the organizers or volunteers of any rights under this release and waiver. Should I require transport to a medical facility as a result of my participation in the cleanup, I am financially responsible for such transportation and medical treatment costs. If I am injured during the cleanup, it is my responsibility to seek appropriate medical care and to notify the cleanup organizers. I understand that this waiver will have no bearing on any worker's compensation claims that I may make as a result of my participation in this event.

I UNDERSTAND AND AGREE WITH THE TERMS AND CONDITIONS EXPLAINED IN THIS DOCUMENT, AND INDICATE MY FREE AND WILLING ACCEPTANCE OF THESE TERMS AND CONDITIONS BY MY SIGNATURE ON THE LIABILITY WAIVER AND ACKNOWLEDGEMENT SHEET.

Signature

Date